

LESSON TITLE: *All Hearts Need Love!*

*National Education Standards:
(Includes Book, Follow Up Activity, and Lesson Plan)*

English Language Arts

NL-ENG.K-12.1 Reading for Perspective

- Students read a wide range of print and non-print texts to build an understanding of texts, of themselves, and of the cultures of the United States and the world; to acquire new information; to respond to the needs and demands of society and the workplace; and for personal fulfillment. Among these texts are fiction and non-fiction, classic and contemporary works.

NL-ENG.K-12.3 Evaluation Strategies

- Students apply a wide range of strategies to comprehend, interpret, evaluate and appreciate texts. They draw on their prior experience, their interactions with other readers and writers, their knowledge of word meaning and other texts, their word identification strategies, and their understanding of textual features (e.g., sound-letter correspondence, sentence structure, context, graphics).

NL-ENG.K-12.4 Communication Skills

- Students adjust their use of spoken, written, and visual language (e.g., conventions, style, vocabulary) to communicate effectively with a variety of audiences and for different purposes.

NL-ENG.K-12.9 Multi-Cultural Understanding

- Students develop an understanding of and respect for diversity in language use, patterns, and dialects across cultures, ethnic groups, geographic regions, and social roles.

NL-ENG.K-12.12 Applying Language Skills

- Students use spoken, written, and visual language to accomplish their own purposes (e.g., for learning, enjoyment, persuasion, and the exchange of information).

Health

NPH-H.K-4.1 Health Promotion and Disease Prevention

Students will comprehend concepts related to the health promotion and disease prevention:

- Describe how physical, social, and emotional environments influence personal health.

NPH-H.K-4.3 Reducing Health Risks

Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks:

- Demonstrate strategies to improve or maintain personal health.

NPH-H.K-4.5 Using Communication Skills to Promote Health

Students will demonstrate the ability to use interpersonal communication skills to enhance health:

- Describe characteristics needed to be a responsible friend and family member.
- Demonstrate ways to communicate care, consideration, and respect of self and others.

NPH-H.K-4.7 Health Advocacy

Students will demonstrate the ability to advocate for personal, family, and community health:

- Describe a variety of methods to convey accurate health information and needs.

Math

NM-NUM.PK-2.1	Number and Operations
----------------------	------------------------------

Understand numbers, ways of representing numbers, relationships among numbers, and number systems:

- Count with understanding and recognize “how many” in sets of objects.

NM-PROB.CONN.PK-12.3	Connections
-----------------------------	--------------------

Instructional programs from pre-kindergarten through grade 12 should enable all students to:

- Recognize and apply mathematics in contexts outside of mathematics.

Physical Education

NPH.K-12.2	Movement Concepts
-------------------	--------------------------

A physically educated student:

- Applies movement concepts and principles to the learning and development of motor skills.

NPH.K-12.3	Physical Activity
-------------------	--------------------------

A physically educated student:

- Exhibits a physically active lifestyle.

NPH.K-12.5	Responsible Behavior
-------------------	-----------------------------

A physically educated student:

- Demonstrates responsible personal and social behavior in physical activity settings.

NPH.K-12.6	Respect for Others
-------------------	---------------------------

A physically educated student:

- Demonstrates understanding and respect for differences among people in physical activity settings.

NPH.K-12.7	Understanding Challenge
-------------------	--------------------------------

A physically educated student:

- Understands that physical activity provides opportunities for enjoyment, challenge, self-expression and social interaction.

Science

NS.K-4.6	Personal and Social Perspectives
-----------------	---

As a result of activities in grades K-4, all students should develop an understanding of:

- Personal health
 - Individuals have some responsibility for their own health. Students should engage in personal care—dental hygiene, cleanliness, and exercise—that will maintain and improve health. Understandings include how communicable diseases, such as colds, are transmitted and some of the body’s defense mechanisms prevent or overcome illness.
 - Nutrition is essential to health. Students should understand how the body uses food and how various foods contribute to health. Recommendations for good nutrition include eating a variety of foods, eating less sugar, and eating less fat.