

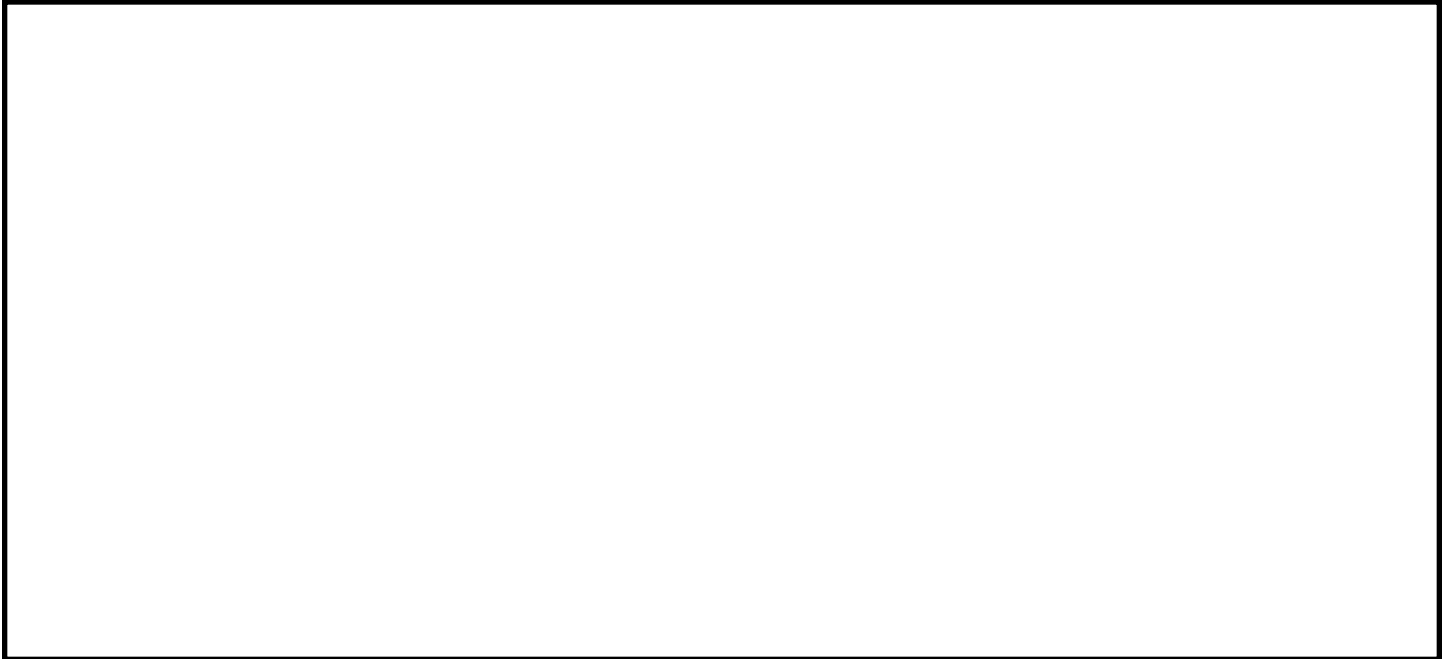
Gimme Five Activity / Primary Elementary

Hardy Heart is eager to find out what you think of his debut as a singer in *Gimme Five*.

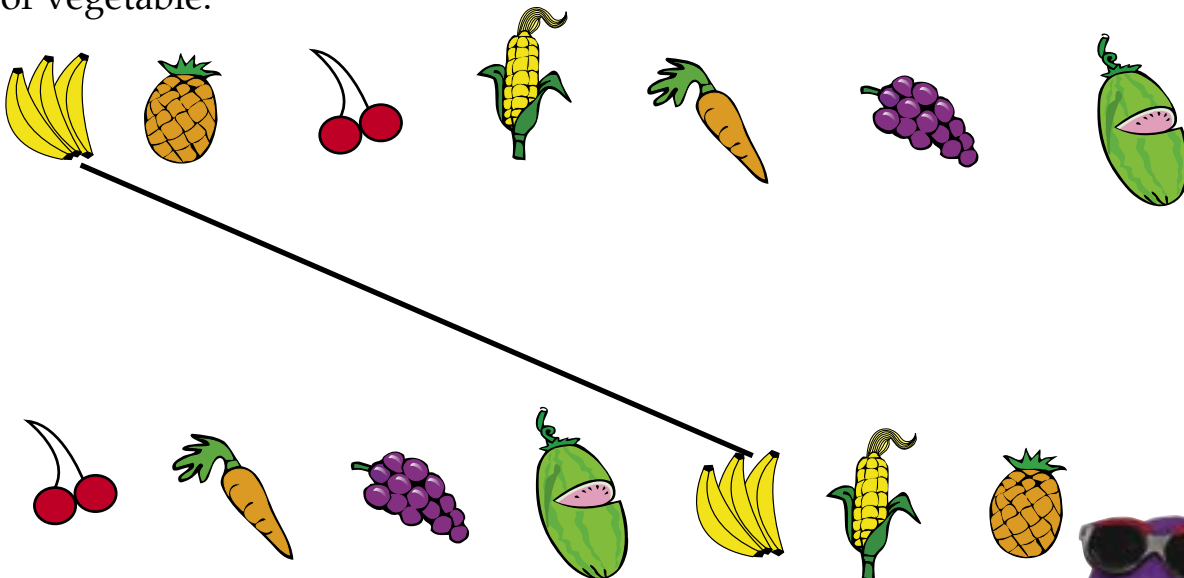


Hardy Heart®

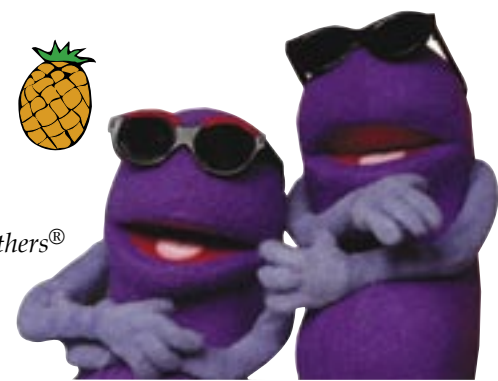
1. Draw and color a picture of your favorite part of *Gimme Five*.



2. The Kidney Brothers did the first one for you. Draw a line to each matching fruit or vegetable.



The Kidney Brothers®



This week, with an adult who lives with you, track how many fruits and veggies you eat. You should have at least 5 each day. Color in the numbers as you count up your fruit and vegetable choices for the day. Ask an adult to help you list which items you chose to eat!

MONDAY	FOOD ITEM
1 2 3	_____
4 5	_____

FRIDAY	FOOD ITEM
1 2 3	_____
4 5	_____

TUESDAY	FOOD ITEM
1 2 3	_____
4 5	_____

SATURDAY	FOOD ITEM
1 2 3	_____
4 5	_____

WEDNESDAY	FOOD ITEM
1 2 3	_____
4 5	_____

SUNDAY	FOOD ITEM
1 2 3	_____
4 5	_____

THURSDAY	FOOD ITEM
1 2 3	_____
4 5	_____



peas



broccoli



lemon



bananas



pineapple



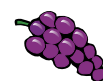
tomato



cherries



watermelon



grapes



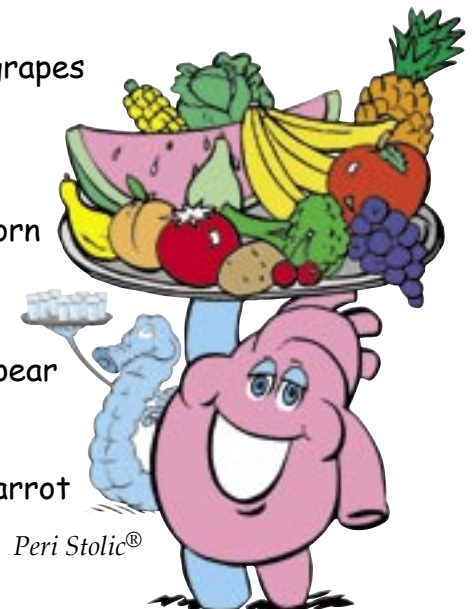
corn



pear



carrot



Peri Stolic®

