

Windy believes strongly in the rights of children to live “smoke free.” Choose one of the steps below and design a sign for her “No Smoking” campaign.

Here are a few steps you can take to protect yourself against secondhand smoke:

1. Ask smokers not to smoke around you.
2. Ask visitors not to smoke in your home.
3. If you live with someone who smokes, ask them if they can find a comfortable place outside to smoke.
4. Let the smoker know that smoke makes your eyes burn, causes nasal congestion, coughing or any other symptom associated with secondhand smoke.
5. Ask if there is anything you can do to help them quit smoking.
6. Always be polite and be sure to thank them for not smoking around you.

